

# Program Promotional and Nutrition Resources

Check out these new resources available to you or other school staff on school nutrition, wellness or nutrition education. Check out the Web sites for more information or contact our office.

**National School Lunch Week:** *"School Lunch: Get Going Get Growing"* occurring *October 10-14, 2011*.

For more information visit the Web site:

[http://www.schoolnutrition.org/Level2\\_NSLW2011.aspx?id=15284](http://www.schoolnutrition.org/Level2_NSLW2011.aspx?id=15284)

**National School Breakfast Week:** *"School Breakfast – Go for the Gold"* occurring *March 5-9, 2012*. For more information visit the Web site: <http://docs.schoolnutrition.org/meetingsandevents/nslw2011/>

**HealthierUS School Challenge:** This national challenge recognizes schools that provide students with nutritious meals, nutrition education and adequate levels of physical activity. Take the challenge to receive an award. Financial incentives are available (\$500 up to \$5,000). For more information contact Molly Stenberg, RD at the Montana Team Nutrition Program, [Stenberg@montana.edu](mailto:Stenberg@montana.edu), or (406) 994-7217; or go to the following Web site: <http://www.fns.usda.gov/tn/HealthierUS/index.html>

**Healthier Montana Menu Challenge:** This is Montana's own challenge to recognize schools which serve healthy breakfast meals. There are *\$500 mini-grants available on a limited basis*. You are encouraged to apply and receive statewide recognition for your exemplary efforts in supporting school wellness, sound nutrition and healthy role modeling through your menu. Technical assistance and training are available from the Montana Team Nutrition Program. Contact Molly Stenberg, RD, at [Stenberg@montana.edu](mailto:Stenberg@montana.edu), or (406) 994-7217. The application is located at the following link: [http://www.opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/HealthyMT.html](http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/HealthyMT.html)

**Eat Smart Play Hard Cafeteria Kit:** Looking for simple ways to conduct nutrition education and promote your program at the same time. This kit includes four bulletin board templates, ten monthly menu formats for the school year and nine one-page newsletters that can be personalized for your program. The kit is located at the following link: [http://www.opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/MTTeam.html#gpm1\\_8](http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/MTTeam.html#gpm1_8)

**Montana Lunchline Listserv:** This electronic listserv is a great way to stay connected with the Office of Public Instruction staff and learn from your peers about school nutrition issues. You will receive current information about school nutrition programs, recipes, and ideas to market and promote healthful foods and beverages. To participate, all you need is an e-mail address. Contact Katie Bark at [kbark@mt.gov](mailto:kbark@mt.gov), or Allie Wolf at [alliew@mt.gov](mailto:alliew@mt.gov), if you want to join.

**Food Safety/School HACCP Training Programs:** Looking for food safety or School HACCP (Hazard Analysis Critical Control Point) resources or for a ServSafe Training Schedule. Check out the food safety Web site at this link: [www.opi.mt.gov/Program/SchoolPrograms/School\\_Nutrition/index.html#gpm1\\_13](http://www.opi.mt.gov/Program/SchoolPrograms/School_Nutrition/index.html#gpm1_13)

**Expanding School Breakfast Programs:** Do you want to increase your participation levels in breakfast and help your students be better prepared to learn in the classroom? Learn how to successfully expand your breakfast program through a breakfast in the classroom or grab and go service style. Obtain an Expanding Breakfast Program kit by contacting our office or access the materials at the following link: [http://www.opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/index.html#gpm1\\_12](http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/index.html#gpm1_12)

**Farm To School Programs:** Are you interested in helping to educate your students as to where their food comes from and serve local, fresh foods in your foodservice program? Farm to School program resources are at the following link:

[http://www.opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/MTTeam.html#gpm1\\_2](http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/MTTeam.html#gpm1_2)

**USDA Foods: Healthy Choices, American Grown:** Do you know about the improvements to the USDA (Commodity) Foods to help you prepare healthy school menus? Check out the variety of nutrient rich foods available through this program at this Web site:

<http://www.fns.usda.gov/fdd/foods/healthy/Toolkit.htm>

### **Comfortable Cafeterias and Pleasant Eating Environment**

Is your cafeteria atmosphere pleasant and allows your students to develop a healthy feeding relationship with food and provides support for an enjoyable eating experience? Or are there power struggles with food between staff and students? Training and technical assistance is available from Montana Team Nutrition staff. Contact Molly Stenberg at [Stenberg@montana.edu](mailto:Stenberg@montana.edu). Recess Before Lunch Scheduling Information:

[http://www.opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/Wellness.html#gpm=1\\_2](http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/Wellness.html#gpm=1_2)

**School Wellness Policy:** Information about this new requirement is available on our Web site at

[http://www.opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/Wellness.html](http://www.opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/Wellness.html)

Free resources, like the *Recess Before Lunch* guide, *Nutrition SEN\$E*, and *Making It Happen in Montana Schools*, and *Montana School Wellness in Action* are available at this site. Training and technical assistance is available from our staff.

**Peer Mentor Network:** Do you have a problem that needs the expertise of another foodservice manager? The Montana Team Nutrition Program has established a network of school food service trainers from schools throughout Montana who can help you with school nutrition issues. The directory of trainers is on our Web site:

[http://www.opi.mt.gov/pdf/SchoolFood/Resources/TN/09\\_10PeerTrainerDirectory.pdf](http://www.opi.mt.gov/pdf/SchoolFood/Resources/TN/09_10PeerTrainerDirectory.pdf)

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### **For More Information**

#### **Montana School Nutrition Programs**

Office of Public Instruction  
PO Box 202501  
Helena, MT 59620-2501  
(406) 444-2501  
[cemerson@mt.gov](mailto:cemerson@mt.gov)

#### **Montana Team Nutrition Program**

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(406) 994-5641  
[kbark@mt.gov](mailto:kbark@mt.gov)



[http://opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/](http://opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/)

Team Nutrition's Web site:

[http://opi.mt.gov/Programs/SchoolPrograms/School\\_Nutrition/MTTeam.html](http://opi.mt.gov/Programs/SchoolPrograms/School_Nutrition/MTTeam.html)



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**Montana  
Office of Public Instruction**

**Denise Juneau, State Superintendent**